

S.T.E.A.D.Y. F.C. Self-Reflection Guide

8 questions to help you lead with faith, clarity, and purpose

S.**Stillness (Quiet Time)**

Q: What helps you quiet the noise?

D.**Devotion (Faith)**

Q: How are you nourishing your faith?

T.**Tribe (Community)**

Q: Who speaks life into you?

Y.**Your Voice (Journaling)**

Q: What's your inner voice saying?

E.**Education**

Q: How are you growing your mind?

F.**Faith**

Q: What are you trusting God with right now?

A.**Advisors and Mentors**

Q: Who inspires your growth?

C.**Clarity through Reading**

Q: What are you feeding your mind?